
La Ciotat – At the Edge of the Cliffs



OFFICE de TOURISME de LA CIOTAT CATEGORIE I CERTIFIE QUALITE
TOURISME

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Open all year long in Winter from Monday to Saturday from 9 am to 12 am
and from 2 pm to 6 pm. In Summer from Monday to Saturday from 9 am to 8
pm and Sunday and public holidays from 10 am to 1 pm.

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From the Semaphore to Figuerolles Cove

Duration: **3 hours**

Length: **4.3 miles** (linear path)

Altitude: **1050 ft** (at the semaphore) **98 ft** (in Figuerolles)

Marking: **blue triangle (difficult level) – for advanced-level hikers.**

Useful info: favor enjoyable weather conditions and the wearing of a pair of trousers, even in summer, to avoid any skin friction with the wild vegetation that is level with the ground.

Step 1 : from the semaphore to Teychéné House

Departure : from the semaphore look-out post

Turn round the semaphore leftward by following the blue triangle-marked path. Then keep going straight on over 650 feet on the yellow and black-marked trail, then turn rightward. Walk down along the summital edge. **Enjoy the view over Eagle Beak (Le Bec de l'Aigle) and La Ciotat.**

From the summital edge, follow the blue triangle marking along the limestone reef bar and carefully walk along the top of the ancient sandstone quarries of La Garde. Close to the private properties, take the right down to the base of the limestone bar (difficult pathway). From there, bypass the big crater. Keep walking to Teychéné House, an abandoned house at the edge of a cliff. **Enjoy the view over the sea, the Eagle Beak cliffs and the city.**

Step 2 : from Teychéné House to Notre-Dame de la Garde Chapel

From the house, keep going leftward on the blue triangle-marked trail that goes through the reddish conglomerate and walk down through a very tilted slab in Trou de Jeannette paleo-canyon. Walk up to the left side towards the sculptor Walter Speany's rundown house. Keep going on the main path towards Trou de Jeannette Cliff. **Caution: delicate slope due to slippery sandstone and quartzite pebbles under your feet.**

Follow the green and blue-marked trail (on the edge of the hill). Go through Trou Souffleur paleo-canyon and go up to the left side until you reach a bifurcation. As you get closer to Cannier cove, observe on the right the Pirates Waterfall. Then head leftward to a conglomerate overhang from which there is an aerial view over Cannier cove.

About 35 feet away, walk down a shady small valley with a vegetation rarely found in Provence until you reach a reddish conglomerate crossing. Then use the ropes hooked on the rock. **Caution: delicate pathway for unaccustomed people (slippery during rainy/wet days).**

Continue on the main path to Notre-Dame de la Garde Chapel. Admire the views from the top of Saint-Pillon (a hill-shaped conglomerate behind the chapel) on which there are remains of a cannon that dates back to WWII.

Step 3 : from Notre-Dame de la Garde Chapel to Figuerolles Cove

From the chapel, step over the wooden fence and take the path that goes past along La Garde residence, also nicknamed "The Casba". **Enjoy the view over the peak of the Capucins Head or the Dod Head (depending on the angle you look at it from).** **Caution: delicate slope due to slippery pebbles.**

Arrival at Figuerolles cove.

Gaze at the sea and, on the right, the "Capucin". You can also take a swim in the cove. End the hike by walking up the stairway to Figuerolles car park.



La Ciotat's Tourist Office is not responsible for any incident that may occur during this hike. We remind you that it is a difficult hiking trail featuring many paths that go along the edge of cliffs.

**Contact (in French only):
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